

(Mandatory for student <u>and</u> multi-day adult participants)

Trip Date / /		
Participant Name:		
Age:		First Home Phone: ()
Home Address:		
		State: Zip:
Family Physician:		Office Phone : ()
Insurance Company:		Policy # / ID #:
Parent/Guardian:		
Work Phone: ()	C	Cell Phone: ()
(minor participants only) Health History 1. Check all allergies participant n	nay have and briefly	y describe the reaction:
☐ Insect stings/bites		□ Seafood
☐ Asthma (allergy induced)		☐ Food (wheat/nuts)
☐ Hay Fever		□ Penicillin
☐ Other		
2. Check below if participant curre		
CONDITION	Past	Currently Has
Heart Defect/Disease		
Diabetes		
Hypertension		
Epilepsy		
Bleeding/Clotting Disorders		
Asthma		
Other:		
In an emergency, please notify: Name:	☐ Check here if	Same as above. Relationship:Cell Phone: ()
Home Address:		State: Zip Code:

Health History, Continued

Complete the following:	
a. Are there any specific activities to be encouraged, limited or avoided? \square YES \square NO	
If yes, please explain:	
b. Is participant able to swim? □YES □ NO Circle level of ability: beginner intermediat	te advanced
c. Does participant have a current tetanus shot? ☐ YES ☐ NO Date of shot://_	
d. List current medications (please send with directions to be administered during trip):	
e. I give permission for me/my child to be administered the following as needed for minor	
on the educational field trip: (check all that apply)	
\Box Tylenol \Box Advil/Motrin \Box Cough drops \Box over-the-count	er allergy meds
☐ Antacid ☐ Other:	
f. Do you/your child have any special dietary considerations? YES NO	
If yes, please provide detailed information:	
g. Provide any other important health related information about yourself/your child:	
Read and sign the following:	
This health history provided in this document is correct so far as I know. I understand that	at participation in
this trip and activities is entirely voluntary. I understand that the trip may involve : a lot of	of walking,
swimming, possibly being outdoors in bad weather and riding on a bus for extended periods	ods of time. I know
and understand the risks and dangers involved in the above-named activities and I know	and understand that
unanticipated dangers might arise. Trip chaperones will do everything possible to minim	
or risk.	1
Parent/guardian signature or adult participant signature Date	